

Mrs. Ana's Class

From our Center to your Home

Magnify the Lord with me and let us exalt His name together

Dear Families, it's time I said hello to you all and shared some about some exciting events that we are planning for the upcoming season. We are on the verge of entering Springtime and day light saving time starts on March 8th and that means we should start practicing waking up an hour early. Spring is also a good reminder of life happening in nature as we start planting seeds and trimming our plants and trees as they get new lease of life. In our Christian faith Spring is also a good reminder of entering into Easter time [Christ's resurrection]. At CDC Springtime is an exciting time for our children as they get to spend more outside and plant seeds and watch the plants grow and provide fruits, vegetables and flowers. They do plenty of spring art and craft projects and get ready for Easter. There will be a family participation form on your child's classroom binder. If you have time, please join your children in spring activities. Giving a little bit of your time to your children at their school will do wonders in your child and at the same time you get to see what goes on daily in your child's classroom. Remember we were talking about home school partnerships in the last Newsletter. Your participation in your child's classroom activities is one of the ways you can develop that partnership. This will also enable you to see how your child is progressing in all areas of development through our program. You can do an activity/share a pet animal/sing and play instruments. You can read a book, teach a craft or bake cookies/cake etc.

Don't forget to fill in the parent participation form for your child's classroom. Looking forward to seeing you all participate in your children's classroom for various activities.

Spring Allergies in Children

The coming of spring brings new life, beautiful flowers, luscious greenery, and warm sunshine. It also means your children will be spending more time outdoors enjoying the fresh air. This is meant to be healthy and nourishing, but sometimes it can leave your child feeling miserable with allergies.

Symptoms of an Allergy - Seasonal allergies can develop anytime in childhood or adulthood, though they usually start to develop in children between the ages of 2 and 5. Similar to a spring cold, allergies can be quite deceiving at first, so look for the following symptoms that may warrant a visit to the doctor:

- A family history of allergies or skin sensitivity.
 - Congestion that won't quit - a runny nose that doesn't improve after a week or so
 - Watery or itchy eyes.
 - Symptoms are unaccompanied by a fever or body ache.
 - A rash that may appear anywhere on the body.
 - A noticeable increase in symptoms on high pollen days.
- If these symptoms occur and persist, an allergy specialist may need to evaluate your child.

Common Allergy Causes -Some trees and plants create more allergy triggers than others. Allergies tend to be worse on windy days when pollen and grass are blown around in the breeze. Likewise, hay fever can cause allergy symptoms.

Hadassah Ratna Raj, Director ICCDC. March 2026

We ♥ U
Mrs. Ana



Kinsley

walker

Yael
Joseph

Yael

Yael

Yael

Badhridev

Scarlett

Mat

Naomi

Raia

Hayan

Emmyt
Masor



Ana Tenas



Immanuel CDC honors and celebrates the life of Ana Tenas, joining in love and prayer with her husband Oscar Tenas, her children Melissa and Eliezer Tenas, her grandchildren Kristopher, Javier, and Natalia, and all her beloved family.

We give thanks to God for her life and for her faithful service of more than twenty years as a beloved teacher at Immanuel Child Development Center, sowing love and faith in the hearts of so many children, where with tenderness and dedication she impacted the lives of countless children and families.

Her faith, her joy, and her love for others left an eternal mark on our church and community. Today we remember her life with gratitude and hope, trusting in the promise of eternal life in Christ. May the loving memories bring peace, comfort, and strength to our hearts, and may the hope of eternal life ease the absence that Ana leaves in each of us who had the privilege of knowing and loving her.

"This is my comfort in my affliction: Your promise has given me life."

Psalms 119:50



The center will be CLOSED on Friday, March 13, 2026, in observance of the funeral service for Ms. Ana.